

# Competitie dl 3 2019-2020



## Zwemsport Parkstad

Kerkrade 12-1-2020

KNZB Zwemcompetitie Ronde 3 - zondag 12 januari 2020 om 15:45u (25 m)

Aanvangstijd juryvergadering: 15:15u

### 1. 4x100m vrije slag heren

11 - 15 jaar (Junioren 4 en later)

1. Hellas-Glana 03:51.87

Serge Knops 2004 50m 00:27.46 27,46  
Serge Knops 2004 100m 00:58.24 30,78  
Sven van Eeghem 2004 400m 03:51.87 173,63

2. Hellas-Glana 04:07.63

Joost Schuurmans 2004 50m 00:28.52 28,52  
Joost Schuurmans 2004 100m 01:01.57 33,05  
Thom Sliepen 2004 400m 04:07.63 186,06

### 2. 4x50m vrije slag heren

11 - 15 jaar (Junioren 4 en later)

1. Zwemsport Parkstad 02:01.33

Wesley Vreuls 2005 50m 00:29.54 29,54  
Yasin Hjir 2007 200m 02:01.33 91,79

DIS. Zwemclub Eijsden 00:00.00

Yannes Hendriks 2004 200m 00:00.00 0,00

### 3. 4x100m vrije slag dames

11 - 14 jaar (Jeugd 1 en later)

1. Hellas-Glana 04:24.14

Rachelle Luimes 2005 50m 00:30.45 30,45  
Rachelle Luimes 2005 100m 01:04.25 33,80  
Suze Creemers 2007 400m 04:24.14 199,89

2. Hzpc 04:37.79

Danee Verstegen 2006 50m 00:31.55 31,55  
Danee Verstegen 2006 100m 01:06.74 35,19  
Naomi Brouwers 2006 400m 04:37.79 211,05

3. Hellas-Glana 04:47.13

Fenna Heylighen 2006 50m 00:35.68 35,68  
Fenna Heylighen 2006 100m 01:15.77 40,09  
Esma van der Heijden 2005 400m 04:47.13 211,36

### 4. 4x50m vrije slag dames

11 - 14 jaar (Jeugd 1 en later)

1. Zwemsport Parkstad 02:01.71

Hylcke de Beer 2007 50m 00:27.65 27,65  
Kim van den Boom 2006 200m 02:01.71 94,06

2. Zwemclub Eijsden 02:02.86

Claire Bams 2006 50m 00:29.66 29,66  
Eva van Marum 2007 200m 02:02.86 93,20

3. Zwemsport Parkstad 02:15.76

Zoë Cröpelin 2006 50m 00:34.29 34,29  
Esmee van Huet 2007 200m 02:15.76 101,47

### 5. 50m vlinderslag - Heren

vanaf 11 jaar (Senioren Open)

1. Koen Koster (Hzpc, 199900517) 00:25.32

2. Niels de Boer (Hellas-Glana, 200001977)	00:25.90
3. Jylano Nahr (Zwemsport Parkstad, 200102593)	00:26.13
4. Toine Willigers (Zwemclub Eijsden, 199902155)	00:26.43
5. Lars van der Haijden (Zwemsport Parkstad, 199900225)	00:26.43
6. Lucas Greven (Hellas-Glana, 199501941)	00:26.51
7. Maikel van der Linden (Zwemsport Parkstad, 200003797)	00:27.01
8. Lars Kerremans (Hellas-Glana, 200100305)	00:27.48
9. Robin Meuwissen (Hellas-Glana, 199602601)	00:27.81
10. Björn Piket (Hzpc, 199602133)	00:28.78
11. Guillaume Bams (Zwemclub Eijsden, 200200651)	00:28.92
12. Ruben Dietzenbacher (Zwemsport Parkstad, 199703259)	00:29.08
13. Yannic van de Kuit (Zwemsport Parkstad, 199504825)	00:29.36
14. Bart Knarren (Zwemsport Parkstad, 199605387)	00:29.64
15. Arne-Willem Kroonen (Zwemsport Parkstad, 198401297)	00:29.94
16. Richard Ricksen (Zwemsport Parkstad, 197000841)	00:31.21
17. Milo Simons (Zwemsport Parkstad, 200000513)	00:31.92
6. 100m vrije slag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1. Chantal Senden (Hellas-Glana, 199300698) 50m 00:27.71 27,71	00:58.69
2. Rani Skrabanja (Hellas-Glana, 199800992) 50m 00:30.26 30,26	00:58.80
3. Manon Ritten (Hellas-Glana, 200002440) 50m 00:28.61 28,61	00:59.76
4. Judith van Meijel (Hzpc, 199102076) 50m 00:29.55 29,55	01:01.47
5. Britt Cornelissens (Hellas-Glana, 200000632) 50m 00:28.16 28,16	01:01.47
6. Sabine Vertommen (Zwemclub Eijsden, 199804546) 50m 00:29.71 29,71	01:01.69
7. Jenny Schouten (Zwemsport Parkstad, 198703674) 50m 00:30.05 30,05	01:02.11
8. Yana Korczynski (Zwemclub Eijsden, 200202192) 50m 00:29.83 29,83	01:02.27
9. Floor Weijmans (Hzpc, 199502522) 50m 00:30.72 30,72	01:02.72
10. Isa Curvers (Hzpc, 200205724) 50m 00:30.22 30,22	01:02.95
11. Milou Fischer (Zwemclub Eijsden, 200202200) 50m 00:30.02 30,02	01:03.80
12. Imke van den Hoef (Hzpc, 200101552) 50m 00:30.65 30,65	01:04.31
13. Serafina Vlijt (Hzpc, 199801142) 50m 00:30.93 30,93	01:04.80
14. Carolien Beckers (Zwemsport Parkstad, 200200078)	01:05.02

	50m 00:30.99 30,99	
15.	Loes Willigers (Zwemclub Eijsden, 200001232) 50m 00:30.26 30,26	01:05.92
16.	Chiara Geilenkirchen (Zwemsport Parkstad, 200104590) 50m 00:31.67 31,67	01:08.36
17.	Dana Wolffs (Zwemsport Parkstad, 200404538) 50m 00:32.97 32,97	01:08.46
18.	Veerle Fisscher (Zwemsport Parkstad, 200404068) 50m 00:33.08 33,08	01:09.03
19.	Maud Lanckohr (Zwemsport Parkstad, 200201096) 50m 00:33.56 33,56	01:09.10
20.	Jose Janssen (Zwemsport Parkstad, 198907324) 50m 00:32.48 32,48	01:09.17
21.	Nadia Armani (Zwemsport Parkstad, 200305598) 50m 00:34.28 34,28	01:11.87
7.	200m wisselslag - Heren 11 - 17 jaar (Jeugd 2 en later)	
1.	Jasper Thomas (Zwemsport Parkstad, 200200427) 50m 00:28.41 28,41	02:17.82
2.	Sjors Lemmers (Hzpc, 200300555) 50m 00:28.67 28,67	02:19.69
3.	Job van Wanroij (Zwemclub Eijsden, 200301307) 50m 00:29.23 29,23	02:21.39
4.	Jonathan Vervenne (Zwemclub Eijsden, 200304569) 50m 00:30.39 30,39	02:24.14
5.	Gilles Cuijpers (Zwemclub Eijsden, 200202003) 50m 00:29.86 29,86	02:26.52
6.	Mees van Wanroij (Zwemclub Eijsden, 200201393) 50m 00:30.37 30,37	02:27.35
7.	Raphaël Krichel (Zwemsport Parkstad, 200300411) 50m 00:32.54 32,54	02:30.86
8.	Guus van Wanroij (Zwemclub Eijsden, 200301309) 50m 00:32.20 32,20	02:31.46
9.	Arno Nelissen (Hellas-Glana, 200300229) 50m 00:33.20 33,20	02:34.12
10.	Stan Houtvast (Hellas-Glana, 200500883) 50m 00:33.37 33,37	02:34.46
11.	Bas Spijkers (Zwemsport Parkstad, 200300529) 50m 00:30.89 30,89	02:35.27
12.	Tom van Marum (Zwemclub Eijsden, 200301447) 50m 00:33.60 33,60	02:38.56
	DIS. Serge Knops (Hellas-Glana, 200403867)	00:00.00
	DIS. Ferre Pittie (Zwemclub Eijsden, 200302033)	00:00.00
8.	200m vlinderslag - Dames 11 - 16 jaar (Senioren 1 en later)	
1.	Luna de Vries (Hzpc, 200400516) 50m 00:32.74 32,74    100m 01:10.79 38,05	02:29.26
2.	Jessie Bodden (Hellas-Glana, 200401650) 50m 00:33.75 33,75    100m 01:12.62 38,87	02:34.88

3. Imke Beekman (Hellas-Glana, 200301950)	02:38.04
50m 00:32.74 32,74 100m 01:11.76 39,02	
4. Quinty Rouschop (Zwemsport Parkstad, 200300208)	02:38.70
50m 00:33.36 33,36 100m 01:13.04 39,68	
5. Anna van Kuijk (Hzpc, 200300564)	02:45.08
50m 00:32.31 32,31 100m 01:12.95 40,64	
6. Demi van Hulst (Zwemsport Parkstad, 200300140)	02:46.39
50m 00:32.49 32,49 100m 01:13.54 41,05	
7. Kyanie Blom (Zwemsport Parkstad, 200301866)	02:46.77
50m 00:35.20 35,20 100m 01:16.10 40,90	
8. Marlijn Zwart (Hzpc, 200300972)	02:48.65
50m 00:34.84 34,84 100m 01:16.55 41,71	
9. Sophie Albers (Hzpc, 200300990)	02:49.30
50m 00:35.90 35,90 100m 01:18.84 42,94	
10. Jennifer Geerlings (Hellas-Glana, 200402088)	03:12.22
50m 00:35.70 35,70 100m 01:21.51 45,81	
DIS. Nienke Timmermans (Zwemclub Eijsden, 200404932)	00:00.00
11. 100m rugslag - Heren	
<i>11 - 13 jaar (Junioren 2 en later)</i>	
1. Senn Rutten (Hellas-Glana, 200700629)	01:16.65
50m 00:36.86 36,86	
2. Sem Fijnaut (Hellas-Glana, 200600495)	01:17.42
50m 00:36.63 36,63	
3. Mats Reumkens (Hellas-Glana, 200700533)	01:17.51
50m 00:37.68 37,68	
4. Alrik van Eeghem (Hellas-Glana, 200600471)	01:18.00
50m 00:37.93 37,93	
5. Maxime Koops (Zwemsport Parkstad, 200600831)	01:18.35
50m 00:37.36 37,36	
6. Thijn Timmermans (Zwemclub Eijsden, 200602105)	01:18.64
50m 00:39.12 39,12	
7. Stef Blok (Zwemclub Eijsden, 200701087)	01:18.78
50m 00:37.89 37,89	
8. Jorn Sprunken (Hzpc, 200800481)	01:20.60
50m 00:38.64 38,64	
9. Yasin Hjiir (Zwemsport Parkstad, 200701883)	01:22.12
50m 00:39.69 39,69	
10. Jesse Jacobs (Hzpc, 200700407)	01:22.96
50m 00:41.26 41,26	
11. Viggo van Bokhoven (Zwemsport Parkstad, 200800373)	01:24.86
50m 00:41.28 41,28	
12. Stephan Sjeptoera (Hzpc, 200800871)	01:29.78
50m 00:44.04 44,04	
13. Laurent Krichel (Zwemsport Parkstad, 200700669)	01:34.24
50m 00:46.42 46,42	
13. 200m schools slag - Dames	
<i>10 - 12 jaar (Junioren 2 en later)</i>	
1. Hylcke de Beer (Zwemsport Parkstad, 200700006)	02:53.82
50m 00:39.19 39,19 100m 01:23.34 44,15	

2. Suze Creemers (Hellas-Glana, 200700738)	03:00.51
50m 00:40.63 40,63 100m 01:27.51 46,88	
3. Benigna Kocsispeter (Zwemsport Parkstad, 200702058)	03:00.90
50m 00:39.84 39,84 100m 01:25.10 45,26	
4. Lisa Roberts (Hellas-Glana, 200700170)	03:10.60
50m 00:43.85 43,85 100m 01:32.47 48,62	
5. Isis van Kuijk (Hzpc, 200700442)	03:14.15
50m 00:44.59 44,59 100m 01:33.89 49,30	
6. Eva van Marum (Zwemclub Eijsden, 200700118)	03:20.43
50m 00:44.71 44,71 100m 01:35.61 50,90	
7. Benthe van de Ree (Hzpc, 200701226)	03:21.67
50m 00:45.80 45,80 100m 01:36.84 51,04	
8. Demi Laeven (Hellas-Glana, 200801672)	03:30.88
50m 00:47.68 47,68 100m 01:41.08 53,40	
9. Ise Quodbach (Zwemsport Parkstad, 200801768)	03:46.81
50m 00:49.51 49,51 100m 01:47.28 57,77	
10. Mila Sikes (Hzpc, 200801268)	03:57.63
50m 00:53.69 53,69 100m 01:53.59 59,90	
BM. Arianna Barakazjan (Hellas-Glana, 200801658)	BM
50m 00:44.61 44,61 100m 01:35.05 50,44	
DIS. Sophie Meerten (Zwemclub Eijsden, 200801738)	00:00.00
DIS. Kyara van Ballekom (Zwemsport Parkstad, 200802378)	00:00.00
15. 200m rugslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Raf Hendriks (Hellas-Glana, 200100879)	02:04.79
50m 00:29.53 29,53 100m 01:01.08 31,55	
2. Koen Koster (Hzpc, 199900517)	02:07.88
50m 00:29.67 29,67 100m 01:02.08 32,41	
3. Toine Willigers (Zwemclub Eijsden, 199902155)	02:10.38
50m 00:30.45 30,45 100m 01:03.07 32,62	
4. Daan Jente (Zwemsport Parkstad, 199900277)	02:11.09
50m 00:29.48 29,48 100m 01:02.10 32,62	
5. Dennis Brouwers (Hzpc, 197800167)	02:14.43
50m 00:32.72 32,72 100m 01:06.66 33,94	
6. Niels de Boer (Hellas-Glana, 200001977)	02:15.81
50m 00:30.45 30,45 100m 01:04.62 34,17	
7. Alan Smeets (Zwemsport Parkstad, 198402089)	02:16.62
50m 00:30.53 30,53 100m 01:05.42 34,89	
8. Lars Kerremans (Hellas-Glana, 200100305)	02:20.47
50m 00:31.67 31,67 100m 01:07.23 35,56	
9. Guillaume Bams (Zwemclub Eijsden, 200200651)	02:25.41
50m 00:33.69 33,69 100m 01:10.07 36,38	
10. Arne-Willem Kroonen (Zwemsport Parkstad, 198401297)	02:34.12
50m 00:34.84 34,84 100m 01:13.03 38,19	
11. Freddie Geerlings (Zwemsport Parkstad, 197900379)	02:38.71
50m 00:37.49 37,49 100m 01:17.50 40,01	
17. 200m schoolslag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Esmee Lanckohr (Zwemsport Parkstad, 200002442)	02:43.49

	50m 00:37.30 37,30	100m 01:18.68 41,38	
2. Britt van den Boom (Zwemsport Parkstad, 200401178)	50m 00:36.15 36,15	100m 01:17.50 41,35	02:43.59
3. Judith van Meijel (Hzpc, 199102076)	50m 00:37.97 37,97	100m 01:20.01 42,04	02:44.00
4. Silke Bliet (Hellas-Glana, 200301948)	50m 00:37.34 37,34	100m 01:19.34 42,00	02:47.03
5. Chantal Senden (Hellas-Glana, 199300698)	50m 00:37.33 37,33	100m 01:21.23 43,90	02:50.78
6. Meike van de Ree (Hzpc, 200402646)	50m 00:37.58 37,58	100m 01:20.71 43,13	02:51.14
7. Solenn Hoeben (Hellas-Glana, 200303606)	50m 00:40.06 40,06	100m 01:25.12 45,06	02:52.71
8. Janina Beckers (Zwemsport Parkstad, 199800574)	50m 00:38.84 38,84	100m 01:22.67 43,83	02:53.45
9. Britt Cornelissens (Hellas-Glana, 200000632)	50m 00:38.07 38,07	100m 01:23.20 45,13	02:54.39
10. Ingrid Janssen (Hzpc, 199204060)	50m 00:38.75 38,75	100m 01:22.32 43,57	02:54.54
11. Sabine Vertommen (Zwemclub Eijsden, 199804546)	50m 00:38.91 38,91	100m 01:23.08 44,17	02:54.55
12. Manon Ritten (Hellas-Glana, 200002440)	50m 00:38.57 38,57	100m 01:22.76 44,19	02:57.29
13. Milou Fischer (Zwemclub Eijsden, 200202200)	50m 00:40.20 40,20	100m 01:25.63 45,43	02:59.39
14. Lynn Vallen (Hzpc, 200201840)	50m 00:41.94 41,94	100m 01:28.53 46,59	03:03.00
15. Manon van der Wielen (Hzpc, 200200550)	50m 00:40.96 40,96	100m 01:27.79 46,83	03:03.22
16. Ilse Swinkels (Hzpc, 200201504)	50m 00:41.41 41,41	100m 01:29.17 47,76	03:04.57
19. 100m schoolslag - Heren			
9 - 11 jaar (Minioren 6 en later)			
1. Nathaniel van Wanroij (Zwemclub Eijsden, 200802497)	50m 00:43.41 43,41		01:34.47
2. Guido Jacobs (Hzpc, 200800477)	50m 00:49.36 49,36		01:43.91
3. Fabrice Verhoef (Zwemclub Eijsden, 200901323)	50m 00:57.93 57,93		02:00.97
4. Olivier Koops (Zwemsport Parkstad, 200801961)	50m 00:59.00 59,00		02:05.43
5. Devin Capelle (Zwemsport Parkstad, 200901821)	50m 01:00.84 60,84		02:11.96
DIS. Melle Pittie (Zwemclub Eijsden, 201000179)			00:00.00
DIS. Sten Timmermans (Zwemclub Eijsden, 200900175)			00:00.00
DIS. Wiktor Staron (Zwemclub Eijsden, 200902635)			00:00.00
20. 50m rugslag - Dames			
8 - 10 jaar (Minioren 5 en later)			

1. Manon Bams (Zwemclub Eijsden, 200900690)	00:44.05
2. Sari Wiekken (Zwemsport Parkstad, 200900598)	00:46.77
3. Julie Simonis (Zwemsport Parkstad, 201000144)	00:47.18
4. Eline Geerlings (Zwemsport Parkstad, 200901920)	00:49.34
5. Lynn Schlenter (Zwemsport Parkstad, 200901752)	00:52.38
6. Ellen Meerten (Zwemclub Eijsden, 200900824)	00:54.53
DIS. Karlijn van Caldenborgh (Zwemclub Eijsden, 201000206)	00:00.00
DIS. Nynke Blok (Zwemclub Eijsden, 201000204)	00:00.00
22. 400m wisselslag - Heren	
<i>11 - 15 jaar (Junioren 4 en later)</i>	
1. Cas Verstegen (Hzpc, 200500891)	04:56.96
50m 00:30.03 30,03	
2. Sebastian van Wanroij (Zwemclub Eijsden, 200404495)	05:03.38
50m 00:30.84 30,84   100m 01:07.44 36,60	
3. Tijn van Kuijk (Hzpc, 200501087)	05:07.32
50m 00:31.55 31,55   100m 01:09.09 37,54	
4. Sven van Eeghem (Hellas-Glana, 200400541)	05:14.86
50m 00:32.90 32,90   100m 01:13.01 40,11	
5. Nick Hendrickx (Hellas-Glana, 200401025)	05:19.84
50m 00:32.03 32,03   100m 01:12.91 40,88	
6. Joost Schuurmans (Hellas-Glana, 200400543)	05:25.12
50m 00:33.48 33,48   100m 01:14.09 40,61	
7. Jurre Veldhuijsen (Hellas-Glana, 200400603)	05:36.27
50m 00:37.74 37,74   100m 01:23.87 46,13	
8. Kjell Reumkens (Hellas-Glana, 200401385)	05:51.46
50m 00:41.01 41,01   100m 01:29.58 48,57	
9. Stan Kepers (Hellas-Glana, 200501063)	05:53.93
50m 00:36.03 36,03   100m 01:20.71 44,68	
10. Mathijs Blok (Zwemclub Eijsden, 200402433)	05:56.25
50m 00:36.55 36,55   100m 01:22.37 45,82	
11. Yannes Hendriks (Zwemclub Eijsden, 200402189)	06:29.96
50m 00:41.48 41,48   100m 01:31.59 50,11	
DIS. Koen de Groot (Zwemclub Eijsden, 200401059)	00:00.00
DIS. Ryan Ponsens (Zwemsport Parkstad, 200600661)	00:00.00
DIS. Wesley Vreuls (Zwemsport Parkstad, 200503453)	00:00.00
24. 100m vrije slag - Dames	
<i>11 - 14 jaar (Jeugd 1 en later)</i>	
1. Anouk van Hattum (Hellas-Glana, 200600738)	01:01.92
50m 00:29.39 29,39	
2. Rachelle Luimes (Hellas-Glana, 200500654)	01:04.05
50m 00:31.57 31,57	
3. Juul Schroyen (Zwemclub Eijsden, 200501416)	01:04.05
50m 00:30.06 30,06	
4. Claire Bams (Zwemclub Eijsden, 200601894)	01:05.50
50m 00:31.31 31,31	
5. Julia van Sloun (Hellas-Glana, 200500478)	01:07.42
50m 00:32.38 32,38	

6. Jente Sikes (Hzpc, 200602074) 50m 00:33.09 33,09	01:08.00
7. Daneë Verstegen (Hzpc, 200600518) 50m 00:33.06 33,06	01:08.01
8. Esma van der Heijden (Hellas-Glana, 200501264) 50m 00:33.21 33,21	01:09.18
9. Kim van den Boom (Zwemsport Parkstad, 200604498) 50m 00:33.65 33,65	01:10.31
10. Juliette Krichel (Zwemsport Parkstad, 200600270) 50m 00:34.52 34,52	01:11.38
11. Meike Bliëk (Hellas-Glana, 200600412) 50m 00:34.42 34,42	01:11.64
12. Camille Vervenne (Zwemclub Eijsden, 200604674) 50m 00:34.82 34,82	01:11.81
13. Naomi Brouwers (Hzpc, 200600986) 50m 00:34.96 34,96	01:12.15
14. Esmee van Huet (Zwemsport Parkstad, 200701388) 50m 00:35.10 35,10	01:14.33
15. Zoë Cröpelin (Zwemsport Parkstad, 200603782) 50m 00:35.53 35,53	01:15.13
16. Fenna Heylighen (Hellas-Glana, 200602086) 50m 00:36.85 36,85	01:16.50
17. Esmee Vranken (Zwemsport Parkstad, 200602548) 50m 00:35.64 35,64	01:16.72
18. Tiana Young (Zwemsport Parkstad, 200505040) 50m 00:36.38 36,38	01:19.66
26. 200m schoolslag - Heren <i>vanaf 11 jaar (Senioren Open)</i>	
1. Lucas Greven (Hellas-Glana, 199501941) 50m 00:30.86 30,86 100m 01:06.11 35,25	02:17.01
2. Koen Koster (Hzpc, 199900517) 50m 00:31.00 31,00 100m 01:06.36 35,36	02:17.89
3. Ian Sanders (Hellas-Glana, 200100373) 50m 00:31.38 31,38 100m 01:06.93 35,55	02:18.87
4. Björn Piket (Hzpc, 199602133) 50m 00:33.59 33,59 100m 01:12.02 38,43	02:32.14
5. Lars van der Haijden (Zwemsport Parkstad, 199900225) 50m 00:33.53 33,53 100m 01:13.18 39,65	02:39.09
6. Sem Wetzels (Hellas-Glana, 200404533) 50m 00:35.23 35,23 100m 01:16.40 41,17	02:40.19
7. Toine Willigers (Zwemclub Eijsden, 199902155) 50m 00:37.42 37,42 100m 01:19.06 41,64	02:44.04
8. Freddie Geerlings (Zwemsport Parkstad, 197900379) 50m 00:37.55 37,55 100m 01:19.70 42,15	02:45.88
9. Guillaume Bams (Zwemclub Eijsden, 200200651) 50m 00:38.55 38,55 100m 01:24.23 45,68	02:59.53
DIS. Yannic van de Kuit (Zwemsport Parkstad, 199504825)	00:00.00
28. 200m rugslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	



1. Judith van Meijel (Hzpc, 199102076)	02:23.91
50m 00:34.95 34,95 100m 01:12.30 37,35	
2. Meike van de Ree (Hzpc, 200402646)	02:25.26
50m 00:33.48 33,48 100m 01:10.11 36,63	
3. Isa Curvers (Hzpc, 200205724)	02:29.92
50m 00:35.58 35,58 100m 01:13.42 37,84	
4. Britt Cornelissens (Hellas-Glana, 200000632)	02:31.56
50m 00:35.06 35,06 100m 01:13.24 38,18	
5. Jenny Schouten (Zwemsport Parkstad, 198703674)	02:34.84
50m 00:36.37 36,37 100m 01:16.33 39,96	
6. Janina Beckers (Zwemsport Parkstad, 199800574)	02:35.13
50m 00:37.49 37,49 100m 01:16.67 39,18	
7. Yana Korczynski (Zwemclub Eijsden, 200202192)	02:37.50
50m 00:37.05 37,05 100m 01:16.96 39,91	
8. Solenn Hoeben (Hellas-Glana, 200303606)	02:37.87
50m 00:37.74 37,74 100m 01:17.94 40,20	
9. Lorena Dreschers (Hellas-Glana, 200401364)	02:39.53
50m 00:36.43 36,43 100m 01:15.97 39,54	
10. Loes Willigers (Zwemclub Eijsden, 200001232)	02:42.52
50m 00:37.60 37,60 100m 01:18.47 40,87	
11. Lynn Vallen (Hzpc, 200201840)	02:46.21
50m 00:40.05 40,05 100m 01:21.65 41,60	
12. Maud Lanckohr (Zwemsport Parkstad, 200201096)	02:46.27
50m 00:38.38 38,38 100m 01:19.91 41,53	
13. Ilse Swinkels (Hzpc, 200201504)	02:51.40
50m 00:41.16 41,16 100m 01:25.46 44,30	
14. Veerle Fisscher (Zwemsport Parkstad, 200404068)	02:58.82
50m 00:42.35 42,35 100m 01:27.53 45,18	
DIS. Rani Skrabanja (Hellas-Glana, 199800992)	00:00.00
30. 200m vlinderslag - Heren	
11 - 17 jaar ( <i>Jeugd 2 en later</i> )	
1. Sjors Lemmers (Hzpc, 200300555)	02:22.00
50m 00:31.92 31,92 100m 01:07.34 35,42	
2. Jasper Thomas (Zwemsport Parkstad, 200200427)	02:26.00
50m 00:30.62 30,62 100m 01:07.76 37,14	
3. Job van Wanroij (Zwemclub Eijsden, 200301307)	02:31.37
50m 00:31.62 31,62 100m 01:09.06 37,44	
4. Mees van Wanroij (Zwemclub Eijsden, 200201393)	02:37.35
50m 00:32.36 32,36 100m 01:11.87 39,51	
5. Gilles Cuijpers (Zwemclub Eijsden, 200202003)	02:44.94
50m 00:32.02 32,02 100m 01:09.93 37,91	
6. Raphaël Krichel (Zwemsport Parkstad, 200300411)	02:44.94
50m 00:36.09 36,09 100m 01:18.39 42,30	
7. Tom van Marum (Zwemclub Eijsden, 200301447)	02:49.40
50m 00:35.69 35,69 100m 01:18.67 42,98	
8. Jonathan Vervenne (Zwemclub Eijsden, 200304569)	02:49.75
50m 00:32.50 32,50 100m 01:13.67 41,17	
9. Bas Spijkers (Zwemsport Parkstad, 200300529)	02:50.47
50m 00:35.33 35,33 100m 01:18.54 43,21	

10. Stan Houtvast (Hellas-Glana, 200500883)	02:52.84
50m 00:36.42 36,42 100m 01:21.70 45,28	
11. Arno Nelissen (Hellas-Glana, 200300229)	02:55.56
50m 00:35.37 35,37 100m 01:17.92 42,55	
DIS. Serge Knops (Hellas-Glana, 200403867)	00:00.00
DIS. Ferre Pittie (Zwemclub Eijsden, 200302033)	00:00.00
DIS. Guus van Wanroij (Zwemclub Eijsden, 200301309)	00:00.00
33. 200m wisselslag - Dames	
11 - 16 jaar (Senioren 1 en later)	
1. Luna de Vries (Hzpc, 200400516)	02:28.88
50m 00:31.61 31,61	
2. Imke Beekman (Hellas-Glana, 200301950)	02:28.93
50m 00:32.39 32,39	
3. Jessie Bodden (Hellas-Glana, 200401650)	02:29.34
50m 00:31.86 31,86	
4. Quinty Rouschop (Zwemsport Parkstad, 200300208)	02:34.35
50m 00:33.98 33,98	
5. Demi van Hulst (Zwemsport Parkstad, 200300140)	02:37.97
50m 00:31.78 31,78	
6. Anna van Kuijk (Hzpc, 200300564)	02:39.54
50m 00:33.60 33,60	
7. Sophie Albers (Hzpc, 200300990)	02:41.17
50m 00:36.91 36,91	
8. Marlijn Zwart (Hzpc, 200300972)	02:42.34
50m 00:34.93 34,93	
9. Kiki Fijnaut (Hellas-Glana, 200300706)	02:45.82
50m 00:37.94 37,94	
10. Nienke Timmermans (Zwemclub Eijsden, 200404932)	02:48.26
50m 00:35.71 35,71	
11. Jennifer Geerlings (Hellas-Glana, 200402088)	02:53.12
50m 00:35.04 35,04	
BM. Zoë Senden (Hellas-Glana, 200400132)	BM
50m 00:35.86 35,86	
DIS. Kyanie Blom (Zwemsport Parkstad, 200301866)	00:00.00
34. 200m schoolslag - Heren	
11 - 13 jaar (Junioren 2 en later)	
1. Alrik van Eeghem (Hellas-Glana, 200600471)	02:53.24
50m 00:38.28 38,28 100m 01:24.61 46,33	
2. Sem Fijnaut (Hellas-Glana, 200600495)	02:53.73
50m 00:38.46 38,46 100m 01:23.15 44,69	
3. Maxime Koops (Zwemsport Parkstad, 200600831)	02:55.05
50m 00:37.60 37,60 100m 01:22.14 44,54	
4. Senn Rutten (Hellas-Glana, 200700629)	03:01.14
50m 00:40.12 40,12 100m 01:27.48 47,36	
5. Stephan Sjeptoera (Hzpc, 200800871)	03:17.78
50m 00:46.49 46,49 100m 01:37.24 50,75	
6. Jorn Sprunken (Hzpc, 200800481)	03:19.73
50m 00:47.74 47,74 100m 01:39.57 51,83	
7. Mats Reumkens (Hellas-Glana, 200700533)	03:21.49

	50m 00:46.64 46,64	100m 01:39.18 52,54	
8. Stef Blok (Zwemclub Eijsden, 200701087)	50m 00:46.68 46,68	100m 01:40.34 53,66	03:26.35
9. Laurent Krichel (Zwemsport Parkstad, 200700669)	50m 00:48.13 48,13	100m 01:42.54 54,41	03:27.23
10. Yasin Hjjir (Zwemsport Parkstad, 200701883)	50m 00:48.27 48,27	100m 01:40.63 52,36	03:28.76
11. Jesse Jacobs (Hzpc, 200700407)	50m 00:49.18 49,18	100m 01:46.40 57,22	03:36.22
12. Viggo van Bokhoven (Zwemsport Parkstad, 200800373)	50m 00:50.94 50,94	100m 01:47.57 56,63	03:36.33
13. Thijn Timmermans (Zwemclub Eijsden, 200602105)	50m 00:51.67 51,67	100m 01:49.47 57,80	03:44.41
36. 100m rugslag - Dames			
<i>10 - 12 jaar (Junioren 2 en later)</i>			
1. Hylcke de Beer (Zwemsport Parkstad, 200700006)	50m 00:35.42 35,42		01:13.26
2. Suze Creemers (Hellas-Glana, 200700738)	50m 00:36.41 36,41		01:14.06
3. Lisa Roberts (Hellas-Glana, 200700170)	50m 00:38.47 38,47		01:17.29
4. Eva van Marum (Zwemclub Eijsden, 200700118)	50m 00:38.17 38,17		01:20.46
5. Benigna Kocsispeter (Zwemsport Parkstad, 200702058)	50m 00:39.14 39,14		01:21.18
6. Isis van Kuijk (Hzpc, 200700442)	50m 00:39.93 39,93		01:21.34
7. Benthe van de Ree (Hzpc, 200701226)	50m 00:40.79 40,79		01:23.14
8. Ise Quodbach (Zwemsport Parkstad, 200801768)	50m 00:42.40 42,40		01:27.90
9. Demi Laeven (Hellas-Glana, 200801672)	50m 00:43.52 43,52		01:29.78
10. Esmee van Huet (Zwemsport Parkstad, 200701388)	50m 00:43.98 43,98		01:31.60
11. Mila Sikes (Hzpc, 200801268)	50m 00:46.60 46,60		01:35.62
12. Sophie Meerten (Zwemclub Eijsden, 200801738)	50m 00:53.09 53,09		01:56.23
BM. Arianna Barakazjan (Hellas-Glana, 200801658)	50m 00:40.85 40,85		BM
DIS. Kyara van Ballekom (Zwemsport Parkstad, 200802378)			00:00.00
38. 100m vrije slag - Heren			
<i>vanaf 11 jaar (Senioren Open)</i>			
1. Lucas Greven (Hellas-Glana, 199501941)	50m 00:25.41 25,41		00:52.21
2. Koen Koster (Hzpc, 199900517)	50m 00:25.18 25,18		00:52.27
3. Lars Kerremans (Hellas-Glana, 200100305)			00:52.58

	50m 00:25.54 25,54	
4.	Raf Hendriks (Hellas-Glana, 200100879) 50m 00:25.76 25,76	00:52.58
5.	Niels de Boer (Hellas-Glana, 200001977) 50m 00:25.82 25,82	00:53.54
6.	Toine Willigers (Zwemclub Eijsden, 199902155) 50m 00:25.86 25,86	00:53.75
7.	Daan Jente (Zwemsport Parkstad, 199900277) 50m 00:26.33 26,33	00:53.96
8.	Guillaume Bams (Zwemclub Eijsden, 200200651) 50m 00:26.39 26,39	00:54.80
9.	Alan Smeets (Zwemsport Parkstad, 198402089)	00:54.94
10.	Ian Sanders (Hellas-Glana, 200100373) 50m 00:26.94 26,94	00:55.60
11.	Maikel van der Linden (Zwemsport Parkstad, 200003797) 50m 00:26.85 26,85	00:55.67
12.	Jylano Nahr (Zwemsport Parkstad, 200102593) 50m 00:27.34 27,34	00:56.51
13.	Björn Picket (Hzpc, 199602133) 50m 00:27.25 27,25	00:56.89
14.	Robin Meuwissen (Hellas-Glana, 199602601) 50m 00:27.03 27,03	00:57.33
15.	Arne-Willem Kroonen (Zwemsport Parkstad, 198401297) 50m 00:28.22 28,22	00:59.12
16.	Sem Wetzels (Hellas-Glana, 200404533) 50m 00:28.45 28,45	00:59.12
17.	Richard Ricksen (Zwemsport Parkstad, 197000841) 50m 00:28.55 28,55	00:59.56
18.	Milo Simons (Zwemsport Parkstad, 200000513) 50m 00:28.19 28,19	00:59.82
19.	Ruben Dietzenbacher (Zwemsport Parkstad, 199703259) 50m 00:28.68 28,68	00:59.92
20.	Bart Knarren (Zwemsport Parkstad, 199605387) 50m 00:29.46 29,46	01:02.57
21.	Dennis Brouwers (Hzpc, 197800167) 50m 00:30.58 30,58	01:04.11
39.	50m vlinderslag - Dames <i>vanaf 11 jaar (Senioren Open)</i>	
1.	Britt van den Boom (Zwemsport Parkstad, 200401178)	00:28.57
2.	Chantal Senden (Hellas-Glana, 199300698)	00:29.01
3.	Serafina Vlijt (Hzpc, 199801142)	00:29.96
4.	Sabine Vertommen (Zwemclub Eijsden, 199804546)	00:30.59
5.	Meike van de Ree (Hzpc, 200402646)	00:30.66
6.	Floor Weijmans (Hzpc, 199502522)	00:30.90
7.	Yana Korczynski (Zwemclub Eijsden, 200202192)	00:31.75
8.	Imke van den Hoef (Hzpc, 200101552)	00:31.84
9.	Rani Skrabanja (Hellas-Glana, 199800992)	00:31.89

10. Manon Ritten (Hellas-Glana, 200002440)	00:32.07
11. Manon van der Wielen (Hzpc, 200200550)	00:32.50
12. Ingrid Janssen (Hzpc, 199204060)	00:32.58
13. Britt Cornelissens (Hellas-Glana, 200000632)	00:32.80
14. Carolien Beckers (Zwemsport Parkstad, 200200078)	00:32.98
15. Chiara Geilenkirchen (Zwemsport Parkstad, 200104590)	00:33.11
16. Esmee Lanckohr (Zwemsport Parkstad, 200002442)	00:33.26
17. Milou Fischer (Zwemclub Eijsden, 200202200)	00:34.79
18. Jose Janssen (Zwemsport Parkstad, 198907324)	00:35.21
19. Loes Willigers (Zwemclub Eijsden, 200001232)	00:35.51
20. Nadia Armani (Zwemsport Parkstad, 200305598)	00:36.60
21. Esmee Vranken (Zwemsport Parkstad, 200602548)	00:39.23
22. Tiana Young (Zwemsport Parkstad, 200505040)	00:41.34
BM. Zoë Senden (Hellas-Glana, 200400132)	BM
DIS. Dana Wolffs (Zwemsport Parkstad, 200404538)	00:00.00
40. 50m rugslag - Heren	
<i>9 - 11 jaar (Minioren 6 en later)</i>	
1. Nathaniel van Wanroij (Zwemclub Eijsden, 200802497)	00:40.54
2. Guido Jacobs (Hzpc, 200800477)	00:43.85
3. Wiktor Staron (Zwemclub Eijsden, 200902635)	00:45.92
4. Devin Capelle (Zwemsport Parkstad, 200901821)	00:48.56
5. Melle Pittie (Zwemclub Eijsden, 201000179)	00:49.70
6. Fabrice Verhoef (Zwemclub Eijsden, 200901323)	00:50.65
7. Olivier Koops (Zwemsport Parkstad, 200801961)	00:51.32
8. Sten Timmermans (Zwemclub Eijsden, 200900175)	00:53.01
41. 100m schoolslag - Dames	
<i>8 - 10 jaar (Minioren 5 en later)</i>	
1. Manon Bams (Zwemclub Eijsden, 200900690)	01:47.54
50m 00:51.05 51,05	
2. Eline Geerlings (Zwemsport Parkstad, 200901920)	01:53.27
50m 00:54.06 54,06	
3. Nynke Blok (Zwemclub Eijsden, 201000204)	01:57.34
50m 00:54.08 54,08	
4. Sari Wiekken (Zwemsport Parkstad, 200900598)	01:57.54
50m 00:52.35 52,35	
5. Karlijn van Caldenborgh (Zwemclub Eijsden, 201000206)	02:02.58
50m 01:01.20 61,20	
6. Ellen Meerten (Zwemclub Eijsden, 200900824)	02:04.97
50m 00:57.47 57,47	
7. Julie Simonis (Zwemsport Parkstad, 201000144)	02:07.41
50m 00:58.95 58,95	
8. Lynn Schlenter (Zwemsport Parkstad, 200901752)	02:18.83
50m 01:05.20 65,20	

#### 43. 100m vrije slag - Heren

11 - 15 jaar (Junioren 4 en later)

1. Koen de Groot (Zwemclub Eijsden, 200401059) 00:54.67  
50m 00:26.01 26,01
2. Nick Hendrickx (Hellas-Glana, 200401025) 00:56.39  
50m 00:26.77 26,77
3. Tijn van Kuijk (Hzpc, 200501087) 00:57.76  
50m 00:28.08 28,08
4. Cas Verstegen (Hzpc, 200500891) 00:57.84  
50m 00:27.68 27,68
5. Sven van Eeghem (Hellas-Glana, 200400541) 00:58.98  
50m 00:27.83 27,83
6. Sebastian van Wanroij (Zwemclub Eijsden, 200404495) 00:59.93  
50m 00:28.60 28,60
7. Kjell Reumkens (Hellas-Glana, 200401385) 01:00.07  
50m 00:29.29 29,29
8. Thom Sliepen (Hellas-Glana, 200400545) 01:00.60  
50m 00:29.16 29,16
9. Joost Schuurmans (Hellas-Glana, 200400543) 01:02.04  
50m 00:29.19 29,19
10. Mathijs Blok (Zwemclub Eijsden, 200402433) 01:04.12  
50m 00:30.93 30,93
11. Jurre Veldhuijsen (Hellas-Glana, 200400603) 01:05.05  
50m 00:30.96 30,96
12. Wesley Vreuls (Zwemsport Parkstad, 200503453) 01:06.05  
50m 00:31.17 31,17
13. Stan Keper (Hellas-Glana, 200501063) 01:06.15  
50m 00:31.23 31,23
14. Yannes Hendriks (Zwemclub Eijsden, 200402189) 01:07.27  
50m 00:31.92 31,92
15. Ryan Ponsens (Zwemsport Parkstad, 200600661) 01:09.29  
50m 00:32.98 32,98

#### 45. 400m wisselslag - Dames

11 - 14 jaar (Jeugd 1 en later)

1. Anouk van Hattum (Hellas-Glana, 200600738) 05:34.18  
50m 00:33.95 33,95 100m 01:15.78 41,83
2. Rachelle Luimes (Hellas-Glana, 200500654) 05:44.96  
50m 00:36.02 36,02 100m 01:18.65 42,63
3. Danee Verstegen (Hzpc, 200600518) 05:53.26  
50m 00:39.12 39,12 100m 01:26.15 47,03
4. Naomi Brouwers (Hzpc, 200600986) 06:03.01  
50m 00:41.72 41,72 100m 01:31.51 49,79
5. Jente Sikes (Hzpc, 200602074) 06:03.64  
50m 00:39.61 39,61 100m 01:27.99 48,38
6. Juul Schroyen (Zwemclub Eijsden, 200501416) 06:03.79  
50m 00:34.82 34,82 100m 01:19.57 44,75
7. Julia van Sloun (Hellas-Glana, 200500478) 06:04.05  
50m 00:38.43 38,43 100m 01:26.92 48,49
8. Meike Blik (Hellas-Glana, 200600412) 06:04.16  
50m 00:41.13 41,13 100m 01:31.62 50,49

9. Esma van der Heijden (Hellas-Glana, 200501264)					06:04.66
	50m	00:38.75	38,75	100m	01:25.94
					47,19
10. Kim van den Boom (Zwemsport Parkstad, 200604498)					06:05.62
	50m	00:38.67	38,67	100m	01:28.26
					49,59
11. Claire Bams (Zwemclub Eijsden, 200601894)					06:10.91
	50m	00:41.43	41,43	100m	01:33.54
					52,11
12. Juliette Krichel (Zwemsport Parkstad, 200600270)					06:16.64
	50m	00:39.45	39,45	100m	01:26.74
					47,29
13. Zoë Cröpelin (Zwemsport Parkstad, 200603782)					06:18.17
	50m	00:41.08	41,08	100m	01:32.92
					51,84
14. Fenna Heylighen (Hellas-Glana, 200602086)					06:36.64
	50m	00:42.90	42,90	100m	01:36.62
					53,72
47. 4x200m vrije slag heren					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Zwemclub Eijsden					08:08.92
Job van Wanroij 2003	50m	00:28.42	28,42		
Job van Wanroij 2003	100m	01:00.66	32,24		
Job van Wanroij 2003	150m	01:33.51	32,85		
Job van Wanroij 2003	200m	02:05.66	32,15		
Koen de Groot 2004	800m	08:08.92	363,26		
2. Zwemsport Parkstad					08:10.43
Maikel van der Linden 2000	50m	00:27.97	27,97		
Maikel van der Linden 2000	100m	00:58.57	30,60		
Maikel van der Linden 2000	150m	01:29.48	30,91		
Maikel van der Linden 2000	200m	02:00.73	31,25		
Daan Jente 1999	800m	08:10.43	369,70		
3. Hzpc					08:14.90
Björn Piket 1996	50m	00:28.22	28,22		
Björn Piket 1996	100m	00:59.09	30,87		
Björn Piket 1996	150m	01:30.74	31,65		
Björn Piket 1996	200m	02:02.41	31,67		
Dennis Brouwers 1978	800m	08:14.90	372,49		
4. Hellas-Glana					08:36.31
Sven van Eeghem 2004	50m	00:29.18	29,18		
Sven van Eeghem 2004	100m	01:03.16	33,98		
Sven van Eeghem 2004	150m	01:37.18	34,02		
Sven van Eeghem 2004	200m	02:12.09	34,91		
Robin Meuwissen 1996	800m	08:36.31	384,22		
DIS. Hellas-Glana					00:00.00
Lucas Greven 1995	50m	00:27.34	27,34		
Lucas Greven 1995	100m	00:56.67	29,33		
Lucas Greven 1995	150m	01:26.89	30,22		
Lucas Greven 1995	200m	01:56.12	29,23		
Niels de Boer 2000	800m	00:00.00	-116,12		
49. 4x100m wisselslag dames					
<i>vanaf 11 jaar (Senioren Open)</i>					
1. Hzpc					04:30.85
Isa Curvers 2002	50m	00:32.53	32,53		
Isa Curvers 2002	100m	01:07.73	35,20		
Judith van Meijel 1991	400m	04:30.85	203,12		
2. Zwemsport Parkstad					04:31.26
Demi van Hulst 2003	50m	00:33.54	33,54		
Demi van Hulst 2003	100m	01:08.96	35,42		
Esmee Lanckohr 2000	400m	04:31.26	202,30		
3. Hellas-Glana					04:35.45
Britt Cornelissens 2000	50m	00:34.76	34,76		

	Britt Cornelissens 2000	100m	01:12.63	37,87	
	Silke Bliëk 2003	400m	04:35.45	202,82	
4. Hzpc					04:41.89
	Meike van de Ree 2004	50m	00:33.11	33,11	
	Meike van de Ree 2004	100m	01:08.58	35,47	
	Marlijn Zwart 2003	400m	04:41.89	213,31	
5. Hellas-Glana					04:42.48
	Rani Skrabanja 1998	50m	00:34.72	34,72	
	Rani Skrabanja 1998	100m	01:12.22	37,50	
	Anouk van Hattum 2006	400m	04:42.48	210,26	
6. Zwemclub Eijsden					04:47.22
	Sabine Vertommen 1998	50m	00:33.67	33,67	
	Sabine Vertommen 1998	100m	01:10.55	36,88	
	Milou Fischer 2002	400m	04:47.22	216,67	
7. Zwemsport Parkstad					04:56.34
	Jenny Schouten 1987	50m	00:34.50	34,50	
	Jenny Schouten 1987	100m	01:11.84	37,34	
	Janina Beckers 1998	400m	04:56.34	224,50	